

Inside the House



## Content :

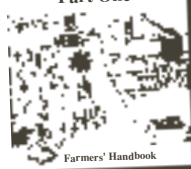
**Inside the House**  
Diet & Nutrition  
House Hygiene  
Improved Stove  
Hay Box

### Near the House - part 1

Waste Water Management  
Integrated Pest Management  
Non-Cement Drinking Water  
Livestock Management  
Sweepings  
Pit Latrine  
Compost  
Mulching  
Double Digging  
Seed Production  
Liquid Manure  
Beekeeping

### Near the House

Part One

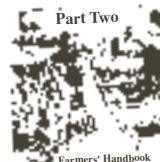


### Near the House - part 2

Kitchen Garden  
Vegetable Polyculture  
Off-Season Onion Growing  
Herbs  
Home Nursery  
Hot Bed  
Air Nursery  
Producing Fruit Trees (5 chapters)  
Leaf Pot Nursery

### Near the House

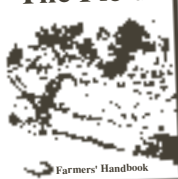
Part Two



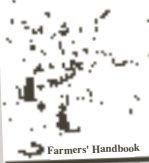
### The Fields

Green Manures  
Zero Tillage  
Agro Forestry  
Integrated Fruit Orchard  
Planting Fruit Trees  
Top Grafting  
Air Layering  
Bamboo Propagation  
Living Fence  
S.R.I Rice cultivation

### The Fields



### Forest, Soil and Other Topics



### Forestry, Integrated Literacy, Permaculture etc.

Forestry  
Soil Improvement  
A-Frame  
Village Funds  
Design, Glossary  
Practical Literacy, Permaculture,  
Etc.

हिमाल एगोसिपल  
HIMAL ASSOCIATION

- wrote :

### “A Gift Package for Sustainable Agriculture

The idea of publishing a series of booklets on agriculture for farmers, using simple language, is a wonderful concept. The planned series will surely be a milestone in trying to reach out to farmers with useful and up-to-date information on sustainable agriculture. An additional attraction is that this series will also act as follow-up literacy material in any country where so little readable information reaches the neo-literate population in the rural areas. Neither is the text and presentation so simplistic that educated farmers will not find interest in what is offered.”

*Kanok Dutt*

### How much ?

The whole handbook is 50 chapters in 5 volumes, total 792 pages, including 170 pages of colour photos & illustrations. Cost includes a waterproof carrying bag + a design poster :

£ (about £30)

### When ?

The handbook will be published in 2007??

### From Where ?

*The handbooks are available from:*

- Permanent Publications (UK) ??

Address  
ph./email  
*and from*

- Appropriate Technology Asia (Nepal) ??

Address  
ph./email



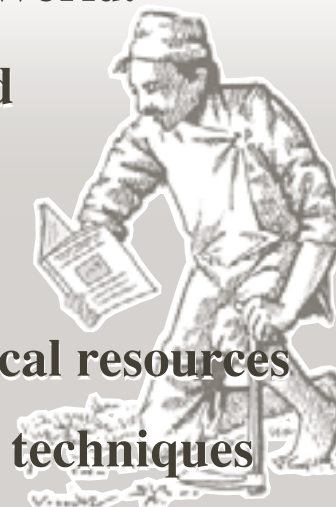
# Farmers' Handbook

for



**Farmers,  
Extension Workers,  
Development Workers,  
Gardeners, and for everyone  
interested in the improving  
the well-being of the  
millions of small farmers in  
the World.**

- easy to read
- practical
- robust
- based on local resources
- sustainable techniques



# Why a Farmers' Handbook ?

## • Sustainable Livelihoods

Most people in rural areas of developing countries depend on home production of food. However with more people, and the landholdings becoming smaller, there is a need for raising the productivity of the small farm. And this should be done in a way that will also allow their grandchildren to produce food, fibre, fodder, firewood etc. from the land. This way is sustainable agriculture.

## • Reading Skills

The handbook is well suited for literacy and post-literacy programmes, and village libraries. It has been developed as reading and information material for formal & informal Practical Literacy Programmes. One of the great benefits of reading skills is to access knowledge. This can help people improve their living standard by using techniques which:

- use & enhance local resources
- increase & diversify production
- decrease cost of production in terms of time, land & labour

## • Strong Economies

A strong economy is built from the base - it grows like a tree. A healthy natural resource base and robust production at the small farm level means that local, district and national economies can grow sustainably, meeting the needs of the land *and* the people.

## • Structure of the Chapters :

Each chapter deals with one or a few techniques and is structured in the following way :

1. What is it ?
2. Why do it ?
3. How to do it ?
4. How to maintain it ?
5. Links between the books
6. Farmers' Experiences

A selection from the over 50 illustrations in the "Top-Grafting" chapter

## • Illustrations :

all in all over  
450 colour photos  
150 bw photos  
650 drawings

## • Bag :

Practical  
waterproof  
carrying bag

## • 5 volumes

• 792 pages

